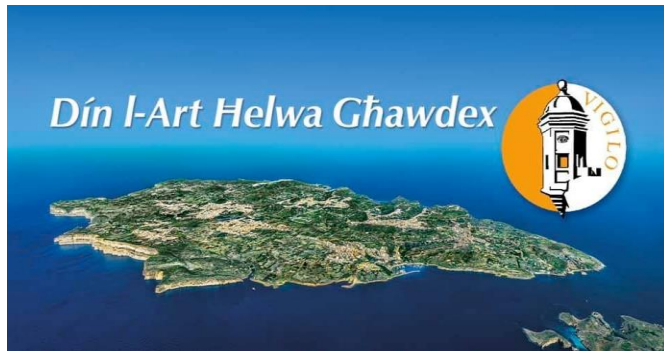


Din I-Art Helwa - Għawdex : Media Release

29th November 2022 - *For immediate release*



Nadur Nature Walk – Saturday 17th December 2022 (10.00am- 12noon)

A Circular Walk with a Nature Trust Malta-FEE Guide

Learn more about Gozo's diverse flora and fauna, whilst spending time surrounded by nature. Enjoy amazing views of the island's dramatic north-east coast and experience breath-taking natural scenery as you walk along stunning valley paths and quiet Gozitan country roads.

This free, NTM-FEE guided walk will begin at the San Blas Gardens on the outskirts of Nadur. The circular route will then pass the Qortin Natura 2000 site, Il-Wied ta' Grejgel, San Filep Bay, skirt Mistra Rocks, proceed along the side of the beautiful Rihan Valley, before returning to our starting point. Along the walk there will be the opportunity to learn more about the many different endemic plants and animal species found within this varied natural landscape.

Most of the walk will be on uneven surfaces, with some slight changes in slope and height. There are three steep sections along rocky tracks, and there will also be some walking on quiet country roads. We recommend wearing footwear with a good grip and ankle support, bringing plenty of drinking water, a hat, waterproof clothing, sunblock and a charged mobile phone.

Spaces are limited, so book now to avoid disappointment by sending an e-mail with your name and contact details to ghawdex@dinlarthelwa.org

Please note: This event is open to adults and children aged 15 or over. Children must be always accompanied by an adult.

Din L-Art Helwa Għawdex and Nature Trust Malta-FEE Disclaimer: Participants are responsible for their own safety. When enjoying nature, please abide by the current government COVID-19 guidelines to keep safe.

Event information for participants

Walk Start / End point: San Blas Gardens, Triq San Blas, Nadur, Gozo

Map link: <https://goo.gl/maps/922GmCdUhSJjQFQS9>

There is parking at San Blas Gardens (refer to the map given in this free, downloadable walking guide) <https://www.visitgozo.com/experience-gozo/adventure-sports/dahlet-qorrot-walk/>

There are public toilets adjacent to Nadur Council offices, but no facilities are available at San Blas Gardens or along the walk route.

Please do keep the environment in mind and attempt to car share, cycle, walk or use the Malta Public Transport bus route 303 <https://www.publictransport.com.mt/en/route/303> (nearest stop is Weraq).

Information during the walk will be provided in both English and Maltese.

For more details, please get in touch through the DLH Ghawdex Facebook page <https://www.facebook.com/groups/dlhgh> or visit the Facebook event page to book a place at <https://www.facebook.com/events/1074694939874249/>

Date : Saturday 17th December 2022

Start Time: 10:00am

Duration: 2 hours (approx)

Cost : Free of charge, but donations to Nature Trust Malta - FEE are welcomed, either on the day or via the NTM website <https://naturetrustmalta.org/>

Photo x1 by Simon Wallace (sent as an attachment with this media release)

'Sopu Tower as seen from Mistra Rocks, on the outskirts of Nadur, Gozo'

Ends